

# **Commission on Trauma-Informed Care Meeting**

**February 17, 2022**

**10:00 – 11:30am**

**Meeting held Virtually**

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## **DRAFT MEETING MINUTES**

### **Members in Attendance:**

Glenn Fueston, Chairperson

Secretary Sam Abed

Beatrice Amoateng (Senator Carter's  
designee)

Ulysses Archie

Secretary Carol Beatty

Christina Bethell

Heather Chapman

Mike Demidenko (Secretary Padilla's  
designee)

Elizabeth Guroff

Rayshan Hampton (Senator Augustine's  
designee)

Joyce Harrision

Inga James

Colonel Woodrow Jones

Frank Kros

Sylvia Lawson (Superintendent Chaudury's  
designee)

Jessica Lertora

Katie O'Mailey

Claudia Remington

Iris Schauerma (Councilmember Cohen's  
designee)

D'Lisa Worthy

### **Commission Staff:**

Christina Drushel Williams

Kelly Gorman

Jessica Wheeler

## **I. Welcoming Remarks**

Mr. Fueston opened the Trauma-Informed Care Commission meeting and welcomed members and guests.

Mr. Fueston announced his resignation from the Governor's Office of Crime Prevention, Youth, and Victim Services. Ms. Wheeler will serve as the Acting Commission Chair until further notice.

## **II. Roll Call/Introductions**

Ms. Gorman took attendance and confirmed that a quorum was present.

## **III. Approval of Minutes**

Ms. Remington proposed an amendment to the January meeting minutes to include “Definitions & Core Values” as a Commission workgroup. Secretary Beatty made a motion to approve the January 20, 2022 meeting minutes with the amendment. Secretary Abed seconded the motion. All were in favor and the minutes were approved.

## **IV. Workgroup Announcements and Updates**

Ms. Gorman announced workgroup co-chairs to the Commission and outlined the general roles and expectations of the workgroup chairs. The ACE Aware workgroup is still looking for a chair or co-chairs. If anyone is interested in serving as chair of this group, please contact Ms. Gorman at [kelly.gorman@maryland.gov](mailto:kelly.gorman@maryland.gov).

Workgroup Chairs:

- *Metrics & Assessment* - Kay Connors & Margo Candelaria
- *Training* - Amie Myrick & Janice Goldwater
- *ACE Aware* - VACANT
- *Operational Implementation & Technical Assistance* - Elizabeth Guroff, Inga James, & Dr. Michael Sinclair
- *Public Awareness* - Ulysses Archie & Nana Ama Adom-Boakye

## **V. Definitions and Core Values Workgroup Reports to Commission**

Ms. Drushel-Williams provided an update of the progress of the Definitions & Core Values workgroup. The workgroup proposes the Commission stay in alignment with SAMHSA’s Six Key Principles of a Trauma-Informed Approach. These are:

1. Safety
2. Trustworthiness and Transparency
3. Peer Support\*
4. Collaboration and Mutuality
5. Empowerment, Voice and Choice
6. Cultural, Historical, and Gender Issues\*\*

\*The Commission proposed adding “Mental Self-Help” with Peer Support.

**\*\*Intent to change language from “Issues” to something without a negative connotation.**

The workgroup also proposed working off of SAMHSA’s Four R’s: Key Assumptions in a Trauma-Informed Approach:

1. Realize widespread impact of trauma
2. Recognize the signs and symptoms of trauma
3. Respond to trauma
4. Resist re-traumatization

There is a discussion to add “Reflect” as a fifth “R”.

The workgroup also shared the list of terms to be defined with Commission members. Members proposed adding these terms to the workgroup’s list:

Sharing power  
Intergenerational transmission of trauma  
Vicarious trauma  
Respect  
Relate  
Relationship  
Substance Use Disorder  
Family level trauma  
Parent/caregiver experience of trauma  
Trauma over the course of the lifespan  
Risk factors  
Epigenetics  
Individual level  
System level

## **VI. March 31st Agency Reports to Commission**

Ms. Drushel-Williams reminded Commission members of the March 31st deadline of Agency reports to the Commission. State agencies are to include:

- Definitions and terms
- Current training curriculum and implementation
- Current trauma-informed initiatives framework implementation efforts

It was suggested to include in the agency report a discussion of the identification of the required two agency staff designees and identifying barriers or challenges to implementing Commission recommendations and training.

A formal request will be sent to state agencies outlining the requirements of the report.

## **VII. Next Steps**

Workgroup chairs should begin reaching out to their workgroup members and scheduling their first meeting prior to the next Commission meeting in March.

A formal request will be sent to state agencies outlining the requirements of the agency reports to the Commission. These reports are due March 31, 2022.

## **VIII. Closing Remarks**

The next Trauma-Informed Care Commission meeting is on Thursday, March 17, 2022 at 10:00 am. The focus of March's meeting is for workgroup chairs to provide updates on workgroup progress.

## **IX. Resources & Links**

- <https://www.nctsn.org/resources/whats-sharing-power-got-do-trauma-informed-practice>